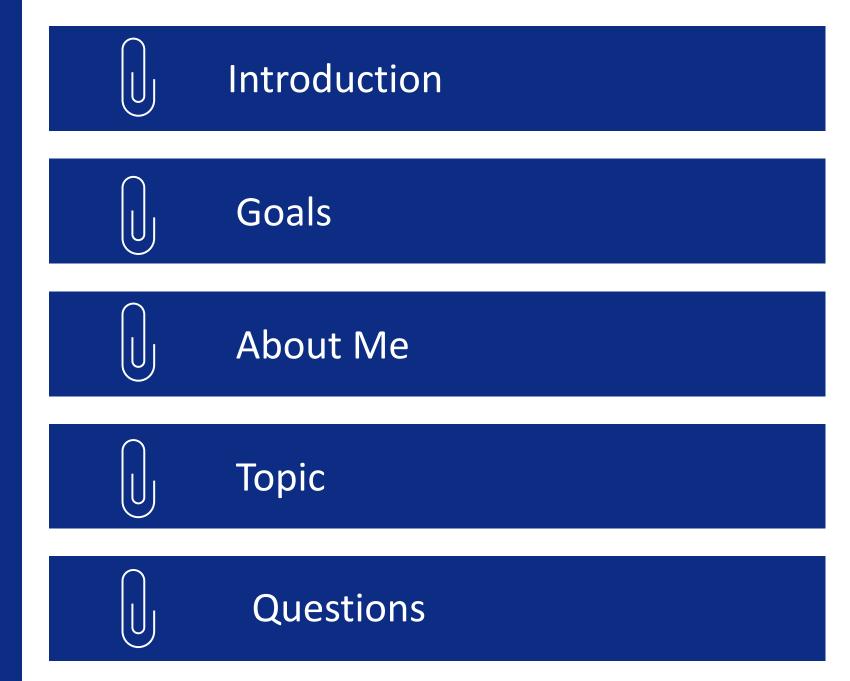




2021 Student Convening

My Future is in My Hands 11:15 a.m. – 12:00 p.m.

A conversation about the strengths developed as a first gen student.





Goals for this Session

I want to share with you all some of the things I learned along the way. A lot of it was learned through trial and error and a lot of it was learned through reflection. My hope is that you take what resonates and apply it as needed.

About Me

My name is Sullynette, I graduated from Westfield State University with my bachelors in Psychology and Spanish in 2018. I started working in this field in 2019 and have been dedicated to this work since. I'm currently pursuing a Master's Degree in MHC at Westfield State University expected to graduate May 2024. I was first in my family to take the college route and that came with a lot of lessons. My future is in my hands: But first, let's unpack what that looks like



Finding the people that are going to not only support you but challenge you. These people are not only your peers. There is no one who knows you better than you know yourself. No one knows what you need more than you do. When you get the inclination to do something that's going to set you up for success with your academics, mental health, etc. Do it. Any room that you walk into belongs to you the same way it belongs to anyone else. Fill that room with who you are.



We appreciate your participation today!

Sullynette Ortiz

Early College Program Advisor – Westfield State University